

Recognition for BNYS Degree Courses

Bachelor of Naturopathy and Yoga Sciences (BNYS) is a combined Naturopathy and Yoga 5½ years Degree course. Many Institutions under different Universities are conducting three years Degree Course in Yoga, two years Master Degree Course in Yoga and also Ph. D programmes; besides, diploma/ certificate courses of various durations. Those, who have studied (BNYS) degree from a recognized University, are eligible to be registered as doctors in Naturopathy and Yoga Sciences. Those, who have studied any degree/ diploma such as B.A/ B.Sc./ M.A./ M.Sc., Diploma/ Certificate courses in Yoga normally work as Yoga Teacher/ Instructor/ Therapist, but they are not registered as Yoga doctors.

A Task Force has been constituted by the Ministry to deliberate and make recommendations on various important issues concerning the Ministry of AYUSH, including the preferred option for promotion, development and regulation of yoga & naturopathy for education and practice.

This information was given by the Minister of State, AYUSH(IC), Shri Shripad Yesso Naik in a written reply to a question in Rajya Sabha today.
